

## &gt;&gt;&gt; NEWSLETTER &lt;&lt;&lt;

# MO CRISIS SERVICES


**988** SUICIDE & CRISIS  
LIFELINE  
MISSOURI

## 988 Spotlight

- MISSOURI'S CRISIS INTERVENTION TEAM RECENTLY RECEIVED POLICE CAR SHAPED STRESS BALLS WITH 988 LOGO INCLUDED
- MISSOURI'S 988 ANSWER RATE FOR NOVEMBER WAS 94%



## CURRENT CRISIS SERVICES IN MISSOURI

- >>> 988 SUICIDE AND CRISIS LIFELINE
- >>> MOBILE CRISIS RESPONSE TEAMS
- >>> BEHAVIORAL HEALTH CRISIS CENTERS

### ACTION CORNER

HOW DO YOU PLAY A ROLE? LOOK IN THIS CORNER EVERY NEWSLETTER TO LEARN HOW YOU CAN TAKE ACTION AND HELP SOMEONE IN CRISIS.

### SHARE THIS QUARTER'S NEWSLETTER

SEND OUT THE NEWSLETTER TO YOUR DISTRIBUTION LISTS. SHARE IT ON SOCIAL MEDIA. CRISIS SERVICES ARE FOR ANYONE, ANYWHERE, ANYTIME

### STAY INFORMED

VISIT THE [MISSOURI 988 WEBSITE](#) OR THE [U.S. SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION \(SAMHSA\) 988 WEBPAGE](#)

### 988 Providers



# 2024 MISSOURI CRISIS CONFERENCE

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We are excited to announce the inaugural Missouri Crisis Conference will be held at the Holiday Inn Executive Center in Columbia on June 24 and 25, 2024! The Missouri Department of Mental Health and Missouri Behavioral Health Council aim to unite crisis providers and partners for a two-day event focused on learning, networking, and enhancing Missouri's crisis care continuum. Our goal is to make the first conference a resounding success, marking an annual celebration of long-lasting statewide collaboration across the state. We are actively seeking dynamic speakers to share their initiatives, perspectives, and invaluable experiences in the vital work of serving individuals in crisis on a daily basis. Please consider submitting an application. Registration information coming soon!



**CLICK HERE TO  
SUBMIT A CALL FOR  
PRESENTATIONS.  
APPLICATIONS CLOSE  
ON JANUARY 30, 2024.**

## TOP NEWS OF THE QUARTER

### SUPPORTING YOUR MENTAL HEALTH DURING THE HOLIDAY SEASON

By Tanner Bommersbach



### READ MORE

As we navigate the holiday season, it is important to remember that it is very common to feel added stress. This stress can worsen symptoms of a mental health or substance use disorder. However, there are ways to help address the stress and improve your mental health. Click read more above.

### READ MORE



The 988 Suicide and Crisis Lifeline was launched nationally on July 16, 2022. Since then, increases in call volume following the launch of 988 and public awareness of the Lifeline have been documented. However, little is known about how use or awareness of the Lifeline varies across populations with different levels of psychological distress. Click read more above for a look at some public awareness data on 988.

### USE, POTENTIAL USE, AND AWARENESS OF THE 988 SUICIDE AND CRISIS LIFELINE BY LEVEL OF PSYCHOLOGICAL DISTRESS

By Jonathan Purtle

# MENTAL HEALTH MATTERS

## >>> COUNTRY CROSSROADS COUNSELING SUICIDE PREVENTION WALK

Country Crossroads Counseling in Johnson County, MO hosted a Suicide Prevention Walk on September 30th, 2023. The goal of the event was to raise awareness for suicide prevention among the community members. A local group, JOCO H2O arranged for a banner displaying the words "Mental Health Matters 988" to be flown by an airplane during the event.



## BE WELL BELL

Burrell Behavioral Health

**Visible across multiple communities, Be Well Bells ring in a new narrative.**

**Community wellness requires the commitment and participation of every single one of us. Be Well Bells serve as a symbol of hope and healing for our communities.**

## >>> BE WELL COMMUNITY

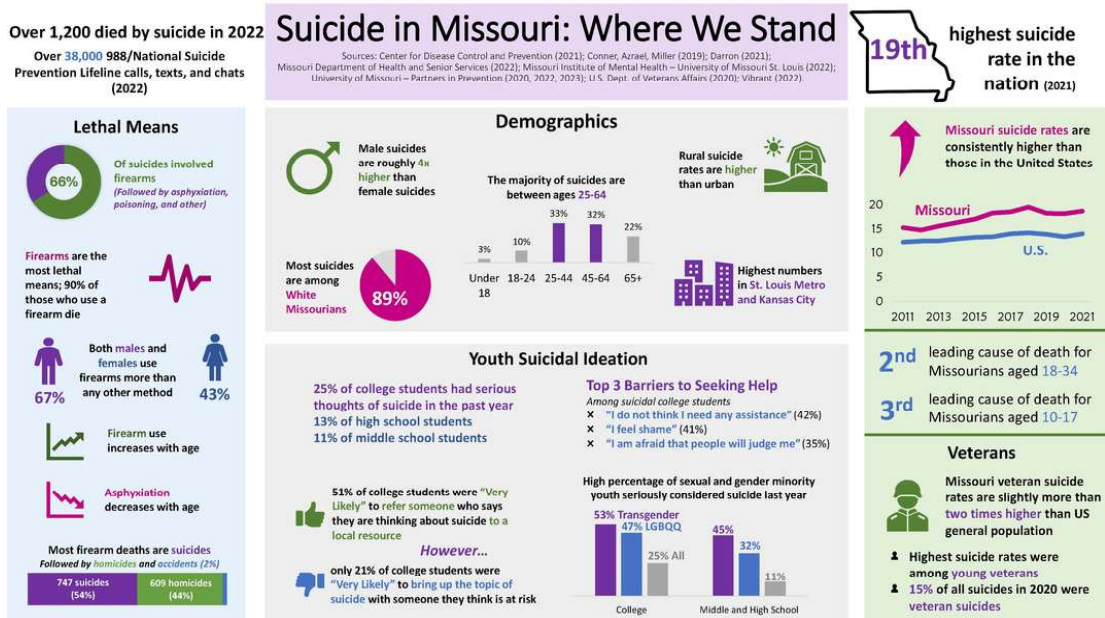
Be Well Bells:

- Serve as a visual reminder of ending stigma associated with brain health, inspiring lives worth living, and reducing suicide
- Open conversations to additional supports and resources
- Encourages connection to brain health resources in the moment
- Are decorative, custom sculptures designed by local artists
- Inspire HOPE for a better tomorrow



# 988 & SUICIDE DATA

The Missouri Institute for Mental Health, in partnership with MO Department of Mental Health and Department of Health and Senior Services, has identified several key findings from the most recent state suicide data. To download and share this infographic, please visit the [MO DMH Suicide Prevention Website](#).



## 988 DATA - A YEAR AT A GLANCE

Since the launch of 988 in July of 2022, Missouri has continued to rank in the top 10 of all states when looking at 988 data. Check out the table below for updated monthly data.

### CALLS ANSWERED IN MISSOURI

|                |       |
|----------------|-------|
| November 2022  | 3,463 |
| December 2022  | 3,688 |
| January 2023   | 3,992 |
| February 2023  | 3,678 |
| March 2023     | 4,209 |
| April 2023     | 4,296 |
| May 2023       | 4,637 |
| June 2023      | 4,189 |
| July 2023      | 4,771 |
| August 2023    | 4,684 |
| September 2023 | 5,059 |
| October 2023   | 4,972 |
| November 2023  | 5,207 |

### IN-STATE CALL ANSWER RATE

|                |     |
|----------------|-----|
| November 2022  | 90% |
| December 2022  | 91% |
| January 2023   | 90% |
| February 2023  | 91% |
| March 2023     | 91% |
| April 2023     | 93% |
| May 2023       | 94% |
| June 2023      | 94% |
| July 2023      | 95% |
| August 2023    | 93% |
| September 2023 | 93% |
| October 2023   | 94% |
| November 2023  | 94% |

### CALL AVERAGE SPEED TO ANSWER

|                |     |
|----------------|-----|
| November 2022  | :23 |
| December 2022  | :23 |
| January 2023   | :23 |
| February 2023  | :23 |
| March 2023     | :22 |
| April 2023     | :17 |
| May 2023       | :16 |
| June 2023      | :15 |
| July 2023      | :15 |
| August 2023    | :14 |
| September 2023 | :14 |
| October 2023   | :14 |
| November 2023  | :15 |

**IF YOU HAVE ANY INFORMATION YOU WOULD LIKE TO BE INCLUDED IN THE NEWSLETTER, PLEASE EMAIL THOSE TO [KAILEY.REEVES@DMH.MO.GOV](mailto:KAILEY.REEVES@DMH.MO.GOV).**